AGE OF AQUINAS

a Bay Area group for Christian singles 40+

Next Shoreline hike: Saturday, December 6, 9:00 am
Next Edgewood hike: Saturday, December 6, 9:00 am

Hike Report -- Shoreline:

We could see our breath as we stood gathering at the staging area for our regular Saturday morning hike. And it was as though the sky could see it's breath too... the fog was all around and apparently denser the farther up the Peninsula one went. The view toward the lake was like a painting by Monet or Matisse. But the brightly shining sun was hard at working "burning off" that fog, and not too long after we started walking, our breath had become invisible again.

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The green lawns of the park were turned black by large flocks of Coots, who now seem to rival the numbers of Canada Geese we used to see last summer. And the Mallards and Seagulls flocked on the misty surface of the lake. On the creek beside the Baylands path were scores of Northern Shovelers. On the other side of that path, where the receding tide had turned the salt ponds into mud flats, we saw hundreds of Sandpipers, and other brown birds rooting for their breakfast. There were also a few American Pelicans and Snowy Egrets floating or wading about.

It was a light turnout this time for some reason, even back at the café, but the camaraderie and the conversation were as warm as ever. Join us next week. We always hike, rain, shine or fog!

Next Saturday is a first Saturday so there's the hike at Edgewood Park. See details below. And for more information on these and other upcoming events, see http://paloaltocatholic.org/aofa.html.

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Saturday, December 6, @ 9 am: Shoreline Park Hike & Coffee

Meet at *Lakeside Cafe* in Mountain View's Shoreline Park at 9 am. We'll start off from there and walk for about a half hour, then turn around and walk a half hour back to the café for coffee and/or brunch about 10:00 or 10:15 am. You don't have to make the hike to come to coffee! The hikes go on regardless of temperature, sky condition, or precipitation state!

Directions to Lakeside Café:

From northbound 101, take the Shoreline Blvd exit (*CAUTION!* Slow down! Tight off-ramp curve!) and turn right at the light (NOTE: *No* right on red).

From southbound 101, take the Shoreline Blvd exit and turn left at the light.

Once on Shoreline Blvd, follow it about 2 miles to the Lakeside Cafe parking lot. We will gather near the breezeway between the cafe and the aquatic center.

Map:
http://maps.yahoo.com/maps_result?addr=3160+n+shoreline+blvd&csz=mountain+view+ca++94043

More information: Visit http://paloaltocatholic.org/aofa.html, call Randy on 408.739.2881 or Email: age-of-aquinas@paloaltocatholic.org.

***** These hikes are every Saturday *****

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Saturday, December 6, 2008 @ 9:00 am: Edgewood Park Hike and Lunch

Meet at the INNER parking lot inside the entrance to Edgewood Park at 9 am. This is a hike that will take you up and down, in sun and shade, amidst grasses, trees and wildflowers, for about 2 hours. Afterwards we'll decide where to go for breakfast/lunch/brunch. *We always hike, rain or shine!*

Time: 9:00 am.

Directions to Edgewood Park:

From the 101, take the Whipple Ave exit and travel through town West to Alameda de Las Pulgas. There turn right and go about 1/4 mile to Edgewood Rd. There turn left and follow Edgewood about 2 miles to the Park Entrance on your left.

Map:
http://maps.yahoo.com/maps_result.php?q1=us-101+%26+whipple+ave%2C+redwood+city%2C+ca+94063.

From I-280, take the Edgewood Road exit and go East toward Redwood City about 1/2 mile to the park entrance on your right.

Map:
http://maps.yahoo.com/maps_result.php?q1=i-280+%26+edgewood+rd%2C+redwood+city%2C+ca+94062.

More information: Contact Josephine, josephine.dorval@oracle.com or Randy, 408.739.2881, age-of-aquinas@paloaltocatholic.org or visit http://paloaltocatholci.org/AofA.html.

***** These hikes are every 1st Saturday *****