AGE OF AQUINAS

a Bay Area group for Christian singles 40+

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Next Transitions meeting: Wednesday, April 7, 7:30 pm
Next Shoreline hike: Saturday, April 10, 9:00 am
Next Stevens Creek hike: SUNDAY, April 11, 2:00 pm

Hike Report - Shoreline:
The gaiety on the paths this morning provided a happy counterpoint to the "graiety" of the skies above Shoreline Park. A nice group of friendly people walked the 1 and a half miles (or so) to the turn-around point and back again. Then gathered at the café for coffee and more conversation.

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Tomorrow is Easter. Here's hoping this holiest of Christian holy days brings you love, joy, peace, and hope... no matter what your faith or beliefs. May the God of the Universe bless you so richly it embarrasses you!

Hike Report - Edgewood:
Report courtesy of Josephine
A small group of hikers enjoyed a glorious walk today. We saw bunnies and lots of spring flowers.

Coming up: Next Saturday is another Shoreline hike, and a week from tomorrow another hike along the Stevens Creek trail. And this Wednesday is the Transitions support group for those making the transition from couplehood to singlehood. See below for details.

There are still many opportunities to contribute your time and talents to Age of Aquinas activities. You can take on as much or as little as you want. If you're interested in finding out more about this important ministry, email Randy at *age-of-aquinas@paloaltocatholic.org* or call: 408.739.2881. Thank you!

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Wednesday, April 7, 2010, 7:30 pm: *Transitions Support Group* - Palo Alto
Transitions is a *drop-in* support group for those who are undergoing the transition from couple-hood to single-hood. If you or someone you know has suffered the breakup of a marriage or significant relationship, this group may be helpful. The meetings are informal and unstructured, confidential and safe. We have a small lending library of helpful books you may borrow, keep, or pass on to others. There are no age boundaries.
Cost: There is no charge.
Location: St. Thomas Aquinas Pastoral Center, 3290 Middlefield Rd, Palo Alto, 94306. If it's not too cold, we might meet in the Garden behind the building...
Map: *http://maps.yahoo.com/py/maps.py?&addr=3290+Middlefield+Rd&csz=Palo+Alto+CA+94306*
More information*:* http://paloaltocatholic.org/AofA.html or contact Randy Jones, 408.739.2881, transitions@paloaltocatholic.org.

***** Meetings are 1st & 3rd Wednesdays *****

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Saturday, April 10, 2010 @ 9 am: *Shoreline Park Hike & Coffee* - Mountain View

Meet at *Lakeside Cafe* in Mountain View's Shoreline Park at 9 am. We'll start off from there and walk for about a half hour, then turn around and walk a half hour back to the café for coffee and/or brunch about 10:00 or 10:15 am. You don't have to make the hike to come to coffee! The hikes go on regardless of temperature, sky condition, or precipitation state!

Directions to Lakeside Café:

From northbound 101, take the Shoreline Blvd exit (*CAUTION!* Slow down! Tight off-ramp curve!) and turn right at the light (NOTE: *No* right on red).

From southbound 101, take the Shoreline Blvd exit and turn left at the light.

Once on Shoreline Blvd, follow it about 2 miles to the Lakeside Cafe parking lot. We will gather near the breezeway between the cafe and the aquatic center.

Map:

http://maps.yahoo.com/maps_result?addr=3160+n+shoreline+blvd&csz=mountain+view+ca++94043

More information: Visit http://paloaltocatholic.org/aofa.html, call Randy on 408.739.2881 or Email: age-of-aquinas@paloaltocatholic.org.

***** These hikes are every Saturday *****

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Sunday, April 11, 2009 @ 2:00 pm: *Stevens Creek Trail Hike* - Mountain View

Meet at the trail head, corner of Sleeper Ave & Franklin Ave in Mountain View. There is a sign that says "Bike Trail" but we'll walk on it. The trail leads into Shoreline Park, a round trip of about 90 minutes in and back. The trail is level and easy. Bring plenty of water, and plan ahead. There are not many rest areas along the way.

Time: 2:00 pm

Directions to trailhead:

From Grant Rd & El Camino Real *in Mountain View****,*** go south on Grant Rd to Sleeper Ave and turn left. Follow Sleeper Ave to where it ends at Franklin Ave.

From Grant Rd & Foothill Expressway *in Los Altos****,*** go north on Grant Rd to Sleeper Ave and turn right. Follow Sleeper Ave to where it ends at Franklin Ave.

Map:

http://maps.yahoo.com/maps_result.php?q1=sleeper+ave+at+franklin+ave+mountain+view+ca+94040

More information: Contact Ron, 408.772.0852 (cell), wipf7585@juno.com or age-of-aquinas@paloaltocatholic.org, or visit http://paloaltocatholic.org/AofA.html.

***** There will be hikes March 14 and April 11 for now *****