

AGE OF AQUINAS

a Bay Area group for Christian singles 40+

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Next Transitions meeting: Wednesday, February 3, 2010, 7:30 pm

Next Shoreline hike: Saturday, February 6, 9:00 am

Next Edgewood hike: Saturday, February 6, 9:00 am

Hike Report - Shoreline:

After several weeks of overcast and rainy Saturdays, it was finally back to normal this morning! The sun was bright and cheery, the sky was blue with a few fluffy clouds, and the air was warm and sweet. Well, sort of sweet. The tide was out, so there was some richness to the fragrance of the air, but all-in-all we sure can't complain about our weather in the Bay Area.



There were a bout a dozen of us who walked, each at our own pace, out to the benchmark, and another three or four who caught up with us back at the café. There has been some response to the request for successors to Age of Aquinas leadership. If you're interested in finding out more about helping in this important ministry, email Randy at age-of-aquinas@paloaltocatholic.org or call: 408.739.2881.

Coming up: Next Saturday is another Shoreline hike and another Edgewood hike. See below for details, and for the latest on upcoming events, visit: <http://paloaltocatholic.org/aofa.html>.

Wednesday, February 3, 2010, 7:30 pm: Transitions Support Group - Palo Alto

Transitions is a *drop-in* support group for those who are undergoing the transition from couple-hood to single-hood. If you or someone you know has suffered the breakup of a marriage or significant relationship, this group may be helpful. The meetings are informal and unstructured, confidential and safe. We have a small lending library of helpful books you may borrow, keep, or pass on to others. There are no age boundaries.

Cost: There is no charge.

Location: St. Thomas Aquinas Pastoral Center, 3290 Middlefield Rd, Palo Alto, 94306. If it's not too cold, we might meet in the Garden behind the building...

Map: <http://maps.yahoo.com/py/maps.py?&addr=3290+Middlefield+Rd&csz=Palo+Alto+CA+94306>

More information: <http://paloaltocatholic.org/AofA.html> or contact Randy Jones, 408.739.2881, transitions@paloaltocatholic.org.

*** Meetings are 1st & 3rd Wednesdays ***

Saturday, February 6, 2010 @ 9 am: Shoreline Park Hike & Coffee - Mountain View

Meet at *Lakeside Cafe* in Mountain View's Shoreline Park at 9 am. We'll start off from there and walk for about a half hour, then turn around and walk a half hour back to the café for coffee and/or brunch about 10:00 or 10:15 am. You don't have to make the hike to come to coffee! The hikes go on regardless of temperature, sky condition, or precipitation state!

Directions to Lakeside Café:

From northbound 101, take the Shoreline Blvd exit (*CAUTION!* Slow down! Tight off-ramp curve!) and turn right at the light (NOTE: No right on red).

From southbound 101, take the Shoreline Blvd exit and turn left at the light.

Once on Shoreline Blvd, follow it about 2 miles to the Lakeside Cafe parking lot. We will gather near the breezeway between the cafe and the aquatic center.

Map: http://maps.yahoo.com/maps_result?addr=3160+n+shoreline+blvd&csz=mountain+view+ca++94043

More information: Visit <http://paloaltocatholic.org/aofa.html>, call Randy on 408.739.2881 or Email: age-of-aquinas@paloaltocatholic.org.

*** These hikes are every Saturday ***

Saturday, February 6, 2009 @ 9:00 am: Edgewood Park Hike and Coffee - Redwood City

Meet in the INNER parking lot of Edgewood Park at 9 am. Look for the sign:

Age of Aquinas

Gather Here

This is a hike that will take you up and down, in sun and shade, amidst grasses, trees and wildflowers, for about an hour and a quarter. Afterwards gather at a nearby eatery, about 10:30 am, for coffee, brunch, or lunch. Since the paths are not paved, if it's pouring down rain, we won't hike.

Directions to Edgewood Park:

From the 101, take the Whipple Ave exit and travel through town West to Alameda de Las Pulgas. There turn right and go about 1/4 mile to Edgewood Rd. There turn left and follow Edgewood about 2 miles to the Park Entrance on your left.

Map: http://maps.yahoo.com/maps_result.php?q1=i-280+at+edgewood+rd+redwood+city+ca+94062.

From I-280, take the Edgewood Road exit and go East toward Redwood City about 1/2 mile to the park entrance on your right.

Map: http://maps.yahoo.com/maps_result.php?q1=i-280+at+edgewood+rd+redwood+city+ca+94062.

More information: Visit <http://paloaltocatholic.org/AofA.html>, or contact Josephine, 650.619.4024, or Randy, age-of-aquinas@paloaltocatholic.org.

*** Hikes are on the 1st Saturday of the month ***