

# AGE OF AQUINAS

a Bay Area group for Christian singles 40+

**Next Shoreline hike: Saturday, July 18, 9:00 am**

**Next Transitions meeting: Wednesday, July 15, 7:30 pm**

## **Hike Report - Shoreline:**

It's almost like every Saturday is a holiday at Shoreline. For the Age of Aquinas hikers, anyway. There were a dozen and a half of us who walked out to our "benchmark", making as much conversation noise as any gaggle of birds or squirrels you ever heard.



And even more joined us afterward at the café. We saw several varieties of birds, identified them all (!) and our Bird Diarist recorded our sightings in our official Bird Diary. A very good time was had by all. Be sure and join us next week... for coffee and conversation if not for the hike.

## **Hike Report - Edgewood:**

*Report courtesy of Hike Leader Josephine:*

As the Northern California summer matures, the wildflowers and the grasses go dormant and dry out. And this morning it seemed like many of the creatures were sleeping in. It warmed up quickly for the hikers (which included 2 first-timers!) But there were lizards enjoying the sun and blue jays galore!



We're looking for volunteers to lead these hikes on the other Saturdays of the month. If you live in or near Redwood City and would like to enjoy some camaraderie on Saturday mornings more often, give Josephine (650.619.4024) or me, Randy (408.739.2881), a call, and indicate your interest.

## **Hike Report: Los Gatos Creek:**

*Report courtesy of Hike Leader Elise:*

The hike was nice. Met some new folks. We stopped a few times on the uphill to catch our breath, and continued. One man was actually at the trailhead to meet up with a different group, and walked with us instead. One person who hadn't walked with us before later said the beach traffic was too much competition for her, so she didn't come.



There's more water in the reservoir. We still walk under the auto bridge by the dam and head back on LG Creek trail. There are a few birds, squirrels and insects. There are plans afoot to relocate the hike to the Almaden quicksilver mines trails to avoid being so near to auto traffic.

**Coming up:** The usual Shoreline hike next Saturday: Also, a meeting of the *Transitions* support group. See below for details. And for the latest on *all* the upcoming events, visit:

<http://palaltocatholic.org/aofa.html>.

