AGE OF AQUINAS

a Bay Area group for Christian singles 40+

Next Shoreline hike: Saturday, June 20, 9:00 am
Next Transitions meeting: Wednesday, June 17, 7:30 pm

Hike Report - Shoreline:
In spite of raindrops on the windshield for many people on their way to the hike this morning, there was not a single raindrop on any of us. A few had umbrellas with them but none were needed. We had a pretty good group this morning, proving that either people are not afraid to walk in the rain, or they are just totally convinced the friendly skies of N. California wouldn't never rain on them.

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We walked out to our familiar "benchmark" and back and met a few first-time-in-a-long-timers back at the Café. There was also one first-time-in-a-long-LONG-timer there. And to highlight the morning, the word slipped out that one of our number was having a birthday. So we sang "Happy Birthday" to Carrie, and shared a delicious mousse cake, brought by Celia, to celebrate the occasion. That's it for now. See you next Saturday... *rain or shine!*

Hike Report: Los Gatos Creek:
Report courtesy of hike leader Elise:
The hike was very good! Besides the regulars there, our most consistent hikers, there was one more. The day was just beautiful, not too hot. A great day for hiking!

Coming up: There's another Shoreline next Saturday, and this Wednesday, a Transitions support group meeting for anyone going through the transition from couple-hood to single-hood. See below for details. And for the latest on *all* the upcoming events, visit: http://paloaltocatholic.org/aofa.html.

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Saturday, June 20, 2009 @ 9 am: *Shoreline Park Hike & Coffee* - Mountain View
Meet at *Lakeside Cafe* in Mountain View's Shoreline Park at 9 am. We'll start off from there and walk for about a half hour, then turn around and walk a half hour back to the café for coffee and/or brunch about 10:00 or 10:15 am. You don't have to make the hike to come to coffee! The hikes go on regardless of temperature, sky condition, or precipitation state!
Directions to Lakeside Café:
From northbound 101, take the Shoreline Blvd exit (*CAUTION!* Slow down! Tight off-ramp curve!) and turn right at the light (NOTE: *No* right on red).
From southbound 101, take the Shoreline Blvd exit and turn left at the light.
Once on Shoreline Blvd, follow it about 2 miles to the Lakeside Cafe parking lot. We will gather near the breezeway between the cafe and the aquatic center.
Map:
http://maps.yahoo.com/maps_result?addr=3160+n+shoreline+blvd&csz=mountain+view+ca++94043
More information: Visit http://paloaltocatholic.org/aofa.html, call Randy on 408.739.2881 or Email: age-of-aquinas@paloaltocatholic.org.

***** These hikes are every Saturday *****

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Wednesday, June 17, 2009, 7:30 pm: *Transitions Support Group* - Palo Alto
Transitions is a *drop-in* support group for those who are undergoing the transition from couple-hood to single-hood. If you or someone you know has suffered the breakup of a marriage or significant relationship, this group may be helpful. The meetings are informal and unstructured, confidential and safe. We have a small lending library of helpful books you may borrow, keep, or pass on to others. There are no age boundaries and there is no charge.
Location: St. Thomas Aquinas Pastoral Center, 3290 Middlefield Rd, Palo Alto, 94306.
Map:
http://maps.yahoo.com/py/maps.py?&addr=3290+Middlefield+Rd&csz=Palo+Alto+CA+94306
If it's not too cold, we might meet in the Garden behind the building...
More information: http://paloaltocatholic.org/AofA.html or contact Randy Jones, 408.739.2881, transitions@paloaltocatholic.org.

***** Meetings are 1st & 3rd Wednesdays *****